



REGIONAL  
**OFFICE OF EDUCATION**  
*Champion our community.*

# Spring Wanderings Field Trips

The Spring Wanderings virtual field trips is an opportunity designed to engage local students in a Zoom-based exploratory presentation to offset the quarantine blues.



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

## Thank you to our collaborators!



*Sessions start  
February 19th!*

Sign Up Online:  
[https://www.roe26.net/  
winter-wanderings](https://www.roe26.net/winter-wanderings)  
You will receive a  
confirmation email  
with the session  
Zoom link.

Elementary Programs  
Wednesdays - 4 PM - 5PM

Middle School Programs  
Thursdays - 4 PM - 5 PM

High School Programs  
Fridays - 4 PM - 5 PM

# Session Information

## Elementary School Students Wednesdays 4 PM - 5 PM

### February 24 - Bucket Filling & Bucket Dipping (Beth Chatterton)

A gentle exploration of these important concepts in an easy to connect with manner. Students will need paper, pencil, markers and a plastic cup they can decorate.

### March 10 - Mindfulness & Meditation (Beth Chatterton)

A simple and relaxing introduction to these concepts. Students will need a pillow, paper and a pencil, we will be having a scavenger hunt to help them be mindful at home.

### March 24 - Weather (Beth Chatterton)

A creative and fun examination of this everyday phenomena. Students will need paper, a pencil, markers, and a Ziploc bag.

### April 7 - Visual Arts (Beth Chatterton)

An exciting and crafty event. Students will need paper pencil, markers, scissors, and glue.

### April 21 - Animal Science (Beth Chatterton)

A relatable and curious investigation into animals. Students will need paper and a pencil.

### May 5 - MCSRA Presentation (Julie Eggleston)

Exploration about disability awareness and inclusion for all.

## Middle School Students Thursdays 4 PM - 5 PM

### February 25 - Bucket Filling & Bucket Dipping (Beth Chatterton)

A gentle exploration of these important concepts in an easy to connect with manner. Students will need paper, pencil, markers and a plastic cup they can decorate.

### March 11 - Mindfulness & Meditation (Beth Chatterton)

A simple and relaxing introduction to these concepts. Students will need a pillow, paper and a pencil, we will be having a scavenger hunt to help them be mindful at home.

### March 25 - Weather (Beth Chatterton)

A creative and fun examination of this everyday phenomena. Students will need paper, a pencil, markers, and a Ziploc bag.

### April 8 - Visual Arts (Beth Chatterton)

An exciting and crafty event. Students will need paper pencil, markers, scissors, and glue.

### April 22 - Animal Science (Beth Chatterton)

A relatable and curious investigation into animals. Students will need paper and a pencil.

### May 13 - Stress Relief Techniques (Julie Eggleston)

Discussion and exploration of different things they could do for stress relief. Students will need a pencil/pen and paper to write down their ideas.

## High School Students Fridays 4 PM - 5 PM

### February 19 - Leadership (Shelby Carlson)

A robust presentation on the development and facets of leadership

### March 26 - Health Profession Jobs (Josh Crist)

A tour of health workspaces, career ladder and employability skills activities.  
Great opportunity if you are considering future work in the health field!

### April 2 - Horticulture (Wendy Ferguson)

Garden cultivation that you can do today! Learn to eat from your backyard.

### April 16 - Career Exploration (Shelby Carlson)

A wide range of possibilities for those who are thinking about the next steps.

### April 23 - Horn Field Campus Adventures (Mindy Pheiffer)

A fun filled adventure that introduces an amazing local resource. A virtual climb is just one of the fun components.

### April 30 - Work that Matters (Rok Locksley)

Ever wanted to make a difference in the world but not sure how to do it? This session will examine many free opportunities available to graduating high schoolers to make positive changes in the world. Learn how to find work that matters to you.

### May 21 - Financial Literacy (Shelby Carlson)

Getting ready for the next step and need some life hacks to make your money last? This session is for you.